



PROGRESSION™ QUICK REFERENCE GUIDE

Notes and Rests

	Double Whole Note/Rest	SHIFT + w
	Whole Note/Rest	w
	Half Note/Rest	h
	Quarter Note/Rest	q
	8th Note/Rest	e
	16th Note/Rest	s
	32nd Note/Rest	t
	64th Note/Rest	j
	128th Note/Rest	SHIFT + j
	Dotted Note/Rest	d
	Alternate Notehead	x

Accidentals

	Flat	2
	Sharp	3
	Natural	4

Edit Notes

	Tie	SHIFT + t
	Slur	SHIFT + s
	Grace Note	g
	Chord Name	c
	Octave Transposition	SHIFT + 8
	Voice 1	⌘ + 1
	Voice 2	⌘ + 2

Techniques

	Bends	b
	Hammer-on, Pull-off, and Tap	n
	Palm Mute, Let Ring, and Snap	m
	Slides	/
	Vibratos	v
	Whammy Bar	SHIFT + v
	Arpeggios	SHIFT + a
	Swing Control	SHIFT + g
	Up/Down Stroke	u
	Pedal (Sustain)	8
	Pluck Fingering	y + [letter]

Edit Score

	Bar Lines	i
	Rehearsal Mark	SHIFT + r
	Time Signature	SHIFT + m
	Key Signature	SHIFT + k
	Navigation Marks	7
	Fermata	9
	Repeat Bar Lines & 1st/2nd Endings	SHIFT + ;

Articulations

	Accent	5
	Staccatto	1
	Marcato	6

Playback

Play and Pause	SPACEBAR
Return to Beginning	HOME
Rewind Back Where You Last Started	\
NTempo Start	SHIFT + SPACEBAR
NTempo: Tap Tempo	keys a thru `
NTempo: Cruise	keys w thru p

Navigation

Next Measure]
Previous Measure	[
Next Rehearsal Mark	SHIFT +]
Previous Rehearsal Mark	SHIFT + [

MIDI Input

Next Measure	⌘ + r
Previous Measure	⌘ + e
Next Rehearsal Mark	⌘ + y

Dynamics

	Piano Dynamics	p
	Forte Dynamics	f
	Crescendo	, or <
	Decrescendo	. or >

Text

Add Lyric	L
Add Title, Credit, Header, or Footer	SHIFT + h
Add Your Own Text	k



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NTempo: Tap Tempo	keys a thru ' (apostrophe)
NTempo: Cruise	keys w thru p

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Previous Measure	[
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Previous Rehearsal Mark	SHIFT + [

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Previous Measure	CTRL + e
Next Rehearsal Mark	CTRL + y

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Add Title, Credit, Header, or Footer	SHIFT + h
Add Your Own Text	k